**Bipolar Disorder Activity Worksheet**

Consider Katie as a student in your classroom and fill out the table below.

* What are some of the issues unique to Bipolar Disorder?
* What are some of the issues shared by most students?

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| --- | --- |
| **Issues Unique to Bipolar Disorder** | **Issues Shared by Many Students** |
| *shifts in mood**need to take time off**need for strict schedule and special diet* | *stress**anxiety**adapting to a new environment**going through developmental/maturing processes given life stage of a student* |