**Bipolar Disorder Activity Worksheet**

Consider Katie as a student in your classroom and fill out the table below.

* What are some of the issues unique to Bipolar Disorder?
* What are some of the issues shared by most students?

|  |  |
| --- | --- |
| **Issues Unique to Bipolar Disorder** | **Issues Shared by Many Students** |
| *shifts in mood*  *need to take time off*  *need for strict schedule and special diet* | *stress*  *anxiety*  *adapting to a new environment*  *going through developmental/maturing processes given life stage of a student* |